PrEP for Family Planning Providers: The Development of a Toolkit
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Background

Gaps in PrEP implementation for US women
- PrEP (pre-exposure prophylaxis) for HIV prevention is effective, safe and works for women.¹
- 468,000 U.S. women could benefit from PrEP. ²
- 19,000 women have been prescribed PrEP to date.³
- Black women are 20 times more likely to acquire HIV than White women. Black women have a 1 in 52 lifetime risk of acquiring HIV. However, fewer Black than White women have been prescribed PrEP to date.⁴

Where to reach women
- 40% of women exclusively access reproductive health care, including pregnancy or family planning care.⁵
- Women report wanting to hear about PrEP from family planning providers.⁶

Who will offer women PrEP
- Family planning providers are uniquely skilled to offer options using shared decision making.⁷
- PrEP is within family planning providers’ scope of work: prevention of sexually transmitted infections, including HIV, is a core family planning service.⁸

References
1. Fonner et al, AIDS 2016
2. CDC MMWR, 2015 Nov 27
5. Frost, Women's Health Issues 2012
6. Auerbach, AIDS Patient Care & STDs 2015
7. Seidman, Weber Obstet & Gynecol 2010

Rationale

Although family planning clinics provide a logical and efficient venue to offer women PrEP, a comprehensive effort to train family planning providers and family planning-specific PrEP implementation resources do not exist. We developed a Family Planning Provider PrEP Toolkit to meet this need.

Toolkit components

The draft toolkit (January 2017) includes an overview of PrEP implementation for family planning settings with links to 35 clinically accurate resources, including 3 capacity building resources for clinicians. Components include:

- Getting started
- Talking about HIV & PrEP
- Who is eligible for PrEP
- HIV testing
- PrEP prescribing
- PrEP follow-up & adherence
- Reimbursement
- Operations
- Distinct populations

Screenshots of the Online Toolkit

Getting Started:

- Family Planning Provider PrEP Toolkit

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Conclusions

Widespread training and implementation support for family planning providers is necessary to reach the 468,000 women, as well as men who access sexual health services from family planning providers, who could benefit from PrEP.

Toolkit development

We used lessons learned from early PrEP implementation in family planning settings, results from a national survey of family planning providers⁹, qualitative interviews with family planning providers⁹, and web-based discussions with family planning thought leaders.²

We consulted thought leaders from identified key stakeholder arenas, including female consumers, for feedback. We also surveyed website visitors (three hundred visits in the first week). This feedback will inform the the final version to publish in the Fall 2017.

Four months of website analytics show:
- 876 total visits
- 763 unique visits
- Visitors stayed on average ~6 minutes on the webpage.

What do you think?

We’d love your feedback on this toolkit. Visit www.hivonline.org/prep4familyplanning to access the toolkit.

There is a link to review the toolkit. Thank you for your interest in bringing PrEP to women. #WhereIsMyPrEP

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